

Shaping Tomorrow, Together

No one knows what's coming next but we know we can get through it together. For Kaleidoscope '22 we explore how to manage team wellbeing through a crisis, and offer tips and tools for living and working through times of change.

Wednesday October 5th 2022

(1) 12:00-12:15pm

INTRODUCTION

Shaping Tomorrow, Together

Dr Nick Taylor, Co-Founder & CEO, Unmind

A welcome and intro to the event from Nick. As workplace wellbeing champions, what we do is now more important than ever. Together we can change how people feel about work. This is a call to arms for building a better working world.

(<u>12:15–12:35pm</u>

PRODUCT SHOWCASE

Gavin Wade, VP Product, Unmind

A sneak peek into where Unmind is going, and the exciting new features the team have been developing.

(/) 12:35-12:45pm

WELLBEING EXERCISE & BREAK

Carley Wright, Growth Representative & Wellbeing Champion, Unmind

Take a few minutes to unwind and refocus with Carley

(12:45-1:30pm

PANEL DISCUSSION

Creating psychologically safe cultures

Matt Jackson, Head of North America, Unmind Jonathan Coyles, VP, Drug, Health & Safety Programs, Major League Baseball Misty Rallis, Global Director, People Care, Kearney James Keshavarz, Chief Wellbeing Officer, Gibson Dunn

During these turbulent times, teams are feeling attacked from all sides. Only with psychologically safe cultures can businesses and employees flourish.

This interactive Q&A panel discussion will explore how leaders can weave healthy working practices into the fabric of organizations in the face of adversity.

(1:30-2:15pm

Driving cultural change with Culture Amp

Steve Peralta, Co-Founder & Chief Wellbeing Officer, Unmind Symone Duarte, Senior People Scientist, Culture Amp

Leaders are constantly needing to pivot and respond to a world that bears remarkably little resemblance to the way we left it just yesterday. And these decisions can often have a big impact on the lives of our teams.

To build cultures in which our people and organizations can flourish, we need to embrace change and learn how to thrive in it.

(4) 2:15-2:30pm

CLOSING THOUGHTS

Dr Nick Taylor, Co-Founder & CEO, Unmind











